

# YOUNG GIRL IS MAKING 8,000-MILE TRIP ALONE

Grace Gallantry of Calgary Sails  
for Brazil—Bride-to-be on  
Same Steamer.

Fourteen-year-old Grace Gallantry of Calgary, Alberta, sailed for Rio Janeiro on the Lamport & Holt liner Vord on the second leg of an 8,000-mile journey she is taking alone to visit an aunt who is a missionary in the heart of Brazil, 1,500 miles from Rio Janeiro.

Miss Maude Walder, who has been a stenographer at the National City Bank, was shown with her by friends from her home in New York when she sailed on the same vessel. She is going to Rio to marry Lee J. Burns, who went there several months ago and is now general manager of the Rio branch of the National City Bank.

The Vord and the British freighter Bessie, outward bound for Hull, sailed in the Narrows. The Vord had two plates dented, but the freighter escaped with a few scratches.

# JAMES W. ALEXANDER DIES AT TUXEDO PARK

Former President of Equitable Re-  
formed Insurance by Famous  
Fight on James H. Hyde.

James W. Alexander, former President of the Equitable Life Assurance Society, is dead at the home of his son, Henry W. Alexander, in Tuxedo Park. Mr. Alexander was born in Princeton, N. J., July 15, 1830, the son of the Rev. Dr. James W. Alexander, for many years pastor of the Fifth Avenue Presbyterian Church.

He was graduated from Princeton in 1850 and two years later married Miss Elizabeth Beardsley Williamson of Elizabeth, N. J. The same year he was admitted to the New York bar, and practiced law here until 1865, when he became connected with the

Equitable, of which, on the death of the older Hyde, in 1885, he was made President.

In 1893 Mr. Alexander began the fight to oust James H. Hyde from the Vice Presidency which resulted in widespread reforms. This fight made financial history.

# AUTO TRUCK KILLS BOY.

Eight-Year-Old Player (Chase Ball) and His Sister Killed.

While playing ball yesterday afternoon on Dean Street, near Carlton Avenue, Brooklyn, William Buring, eight, of No. 304 Vanderbilt Avenue, was killed by an auto truck of the Brooklyn Union Gas Company, driven by James Loneragan, of No. 446 Gate Avenue. Loneragan saw the boy running after the ball, swerved his truck and struck him, but Buring ran into the front of it and went under the forward wheels.

Loneragan stopped his truck before the rear wheels touched the boy Dr. Brandt of the Jewish Hospital said he had been instantly killed. The police exonerated Loneragan.

# HOME GYMNASIUM FOR WOMEN

To Preserve Health, Strength  
and Figure

BY PAULINE FURLONG



A New Series of Illustrated Lessons, Showing How  
Every Woman May Have an Inexpensively  
Equipped Gymnasium in Her Own Home.

## NO. 20—BOWLING EXERCISE.

As this week is to be devoted principally to my slender readers, who are all writing me that they feel quite neglected, owing to the fact that I give so much time and space to the obese ones, I am today showing another good exercise for the chest, arms and bust. When I explain to you all about this exercise you will find that it really affects nearly all parts of the body, but the arms and upper parts are most benefited by it.

So often in the past I have stated that any exercises which cause you to throw the arms from the front of the body to the back, and then return them to the front again, are the best ones for broadening the narrow chest and filling in the hollows of the neck. I am therefore showing you an entirely new one to-day and it is the bowling lunge, and shows one of the many positions used in the healthful and strenuous game of bowling.

**THE BOWLING EXERCISE.**  
To perform this exercise take your position with the heels together and the knees perfectly straight. Bend the body forward from the waist line, let the arms hang perfectly straight and make a scoop of the hands by interlacing the fingers, as though you were holding a ball.

From the starting position thrust the right leg back as far as you can and bend the left leg at the knee. Separate the fingers and throw the arms far back to the right side without moving the feet, and as you do this raise the body until you are only slightly stooped. This is the position you would assume if you were throwing the ball at this moment. The last movement in this exercise is illustrated. Keep the right leg as it was in the second position—that is, perfectly straight, and the left leg the same. Bring the body around with a sharp twist, place the left hand on the left knee, as a brace or support, while you, supposedly, throw the ball with the right. Assume the first position and repeat the exercise at least ten times. Hold all of the muscles tense and put your mind on the movements. Imagine you are really throwing a very heavy ball and your position will be the correct one. This exercise stretches the legs and muscles in the sides, and affects the waist, hips, shoulders, upper arms, and chest. It is a valuable one for developing the bust.

The woman who is really thin, who is under the normal weight, needs a system of health culture quite as badly as her stout sister, and the reason I give so much time to the latter is because she is in the large majority.

Emaciation is a pathological state, even as is obesity. The latter, perhaps, is more generally acknowledged as a disfiguring condition, and yet who could call the painfully thin woman really beautiful? Therefore excessive thinness, like excessive fatness, must be recognized as neither healthy, normal nor beautiful.

There are thin women who do not need to be told that their extreme thinness is not beautiful, and I have received many hundreds of letters from women asking how to develop and build up the body. I want to encourage my thin readers by stating that they will have a much easier time in their efforts to develop and make over their figures than my stout ones.

To-morrow I will explain and illustrate an exercise for developing the lower chest.

Readers of Miss Furlong's articles are invited to write to her, in care of The Evening World, requesting information that will aid them in following her illustrated lessons.

**Letters From Evening World Readers Following Miss Furlong's Lessons.**

MRS. JACK Y. asks: "What is the cause of my face always being so red and flushed. Is it caused by too much blood?"

It is not caused by too much blood, but by a sluggish condition and poor circulation of the blood. Exercises which affect the lower abdominal muscles and those of the legs will draw the excess blood from the head, where it is congested.

MRS. L. T. J. (Salt Lake City) writes: "What causes pimples and eruptions on the back of my neck?"

Pimples on any part of the body are the result of poor circulation and digestive disturbances caused by constipation and improper diet. They are usually the result of over-indulgence in rich, greasy foods, pastries, sweets and highly seasoned foods. The first step in their removal is proper diet and a few weeks intelligent eating will show a wonderful improvement. Eat light, easily digested foods, green vegetables and laxative fruits, lean meats and poultry. Avoid sweets of all kinds. Drink quantities of water and take fresh outdoor exercise every day. Do not allow constipation to exist, for if you do so you will never be rid of pimples. If you open the pimples use a needle or a comedone, previously dipped in hot water. Press out the pus with the fingers (not the nails) covered with pieces of cotton wet with peroxide of hydrogen. Touch the spots with peroxide after opening pimples.

**FROM A PHYSICIAN.**  
Of the many testimonials I am reminded each day in my mail, one especially pleased me to-day, coming, as it did, from a well known doctor and specialist. It reads as follows:

"I feel sure that from the many letters you receive from your grateful readers and followers who have adopted your very original course of home gymnastics, so carefully described and illustrated in the generous columns of your paper, that it must give you great pleasure—the kind unexcelled by anything else in life—the doing good for others."

"Personally, I have come in contact with several persons who will ever have cause to thank you all their lives, the majority of whom could not afford the expense attached to a special private course of instruction in physical culture, as taught in institutions and correspondence courses. By the introduction of simplicity of exercise, and the avoidance of scientific and technical terms, describing, as you do, each and every form in plain, understandable language, you have brought your system within the reach of all classes of people, even those of tender years—I may add the middle and old age, as I am over eighty."

"After a failure, for a great many years, to ever reach my goal to wit: by following your course I have relieved all the stiffness from the elbow. By practicing the leg circling you so carefully illustrated and described, I can now reach my nose with my knee without the risk of falling to the floor."

"One of my patients, a young lady of twenty years, very slender and frail, who suffered with intestinal trouble and, at times, attacks of melancholy, at my suggestion took up your course just a little over a month ago, and still continues it. In that short space of time a complete change for the better has come over her, and she looks and feels like a new girl, and promises to write to you very soon if you will not publish her name in the paper."

"DR. EDWIN T. O. Rochester."

# "TERRIBLY LONESOME," WOMAN ENDS LIFE

Mrs. Harbrow Found Dead by Caller  
in Luxurious Apartments—  
Left Suicide Note.

"Everything I own I give to Dorothy. Every one forgive me that I am thinking I am terribly lonesome. No one cares a damn."

In these few quipped lines, hastily scrawled in pencil, Mrs. Maria Harbrow, a tenant in the apartment house at No. 321 St. Mark's Avenue, Brooklyn, explained her suicide. She was found in her bedroom yesterday afternoon dead from gas.

Frederick Vernon of Freeport, L. I., a friend of the woman, called in the afternoon, and receiving no response to knocks at the door, walked in. In the bedroom he found Mrs. Harbrow, two gas jets had been turned on. He rushed to the street and called for

# John A. Lee of No. 22 Avenue Place, who said his woman had been dead several hours.

Mrs. Harbrow was thirty-seven years old. Her neighbors knew little about her except that she occupied luxurious apartments and appeared to be wealthy.

# NORTH DAKOTA LAND OPEN.

Homestead Entries on 100,000 Acres  
in 1910.

WASHINGTON, Sept. 21.—President Wilson, upon the recommendation of Secretary Lane, has signed a proclamation opening to homestead entry over 100,000 acres of land in North Dakota.

These lands were formerly within the Fort Berthold Indian Reservation, and have been removed from disposition because they contained coal. The lands will be classified without regard to their coal value, as agricultural, grazing and timber land, and awarded accordingly. The coal will be reserved to the government.

By the terms of the proclamation the lands will not become subject to entry until the spring of 1912.

# CARRANZA'S TROOPS CAPTURE CHIHUAHUA

Villa's Forces in Flight to North,  
While His Capital Falls to  
First Chief.

WASHINGTON, Sept. 21.—Chihuahua, Villa's capital, has been captured by the Carranzistas in a sweeping northward movement. Official dispatches today told of the flight of Villa's main army to the northern border of Chihuahua state.

The Villistas are reported retreating into Sonora to join Gen. Madero's army.

To Postpone Pan-American Congress.

BUENOS AIRES, Sept. 21.—American Ambassador Hissom today formally communicated to the Argentine Government the request of the United States that the Pan-American Commercial Congress be postponed until April 1, 1912.

# James McCreery & Co.

34th Street

5th Avenue

On Thursday and Friday

## FUR DEPARTMENT

Showing the newest and smartest models in Coats of various lengths, in Hudson Seal combined with Natural Skunk or Beaver, or Caracul trimmed with various contrasting furs.

Muffs and Neckpieces in a large assortment of styles.—Blue, White, Cross and Taupe Fox.

## Very Special

Orders will be accepted for Hudson Seal Coats, made to measure, of selected skins, with skunk collar, cuffs and deep border; 45 inches long; handsome models. Special 125.00

Orders will also be taken for Real Sealskin Coats, made to measure, Rice's London dye; full flare skirt; 45 inches long, newest models. Special 265.00

Fur Trimming in a large assortment at lowest prices.

## WOMEN'S HOSIERY

Thread Silk Hosiery.—fine gauge; extra reinforced. Black or White. pair 1.50 regularly 2.00

Thread Silk Hosiery.—reinforced. Black, White and novel effects. pair 85c regularly 1.00 and 1.25

Thread Silk Hosiery.—lisle tops and soles. Black or White. regularly 75c, pair 60c

Medium-weight Cotton Hosiery, also Fine Gauge Lisle Hosiery. Black or White. regularly 50c, pair 35c; 6 pairs 1.90

## FEATHER NECKWEAR

Ostrich and Marabout Scarfs.—satin lined. regularly 3.75, 2.95

Ostrich and Marabout Stoles, 36 inches long; with handsome tassels ends. 3.75 regularly 5.50

Ostrich and Marabout Capes. .... 2.95 regularly 3.75

Marabout Scarfs with satin rosette and tassels. regularly 4.75, 3.50

Ostrich Feather Ruffs. .... 2.25 to 5.75 regularly 3.50 to 7.75

Ostrich Feather Boas, 36 inches long. 6.25 regularly 9.25

## "MCCREERY SILKS"

Famous Over Half a Century.  
The Finest Silks the World Produces.

12,000 yards of Novelty Silks and Satins in the latest autumn colors, plaids and stripes, especially adapted for waists and dresses. formerly 1.25, yd. 85c Black Dress Taffeta and Peau de Cygne; 36 inches wide. formerly 1.15, yd. 78c

## TRUNKS & BAGS

### Special Values

High Grade Hard Fibre Dress Trunks with reinforced round edges; bronzed steel trimmings; hand-riveted throughout; fitted with divided and dress trays. Sizes 36, 38 and 40 inches. regularly 13.75 to 15.50, 10.00

Traveling Bags made in Russia or Brown Sole Leather; also Crepe, Walrus and Tango Grain Cowhide; reinforced corners; leather lined; inside pockets; sizes 16, 17 and 18 inches. regularly 6.50 to 7.00, 4.75

Regulation 45-inch Wardrobe Trunks made on best frames; hard fibre covered; all edges reinforced with best fibre and bronzed steel trimmings; hand-riveted throughout; fitted with the most modern garment and chiffonier sections. regularly 28.00, 18.50

## Special Offering

## WOMEN'S AFTERNOON & STREET DRESSES

Made of Satin Charmeuse, Crepe de Chine and French Serge, featuring many new and individual styles in the season's most desirable colors.

15.00 regularly 19.75

## Unusual Value—WOMEN'S NEW FALL SUITS

Fancy and Tailored Models in an attractive assortment of the season's newest styles, fashioned in Gabardine, Men's Wear Serge, Poplin and Chiffon Broadcloth, handsomely lined with peau de cygne.

Special, 24.50

## Exceptional Values

## DOMESTIC RUGS

New Fall stocks offer an unsurpassed collection of Floor Coverings in the newest patterns and colors.

9x12 ft. French Weave Wilton Rugs. .... 49.75  
Purchased from a prominent manufacturer; pastel colorings and rich Oriental effects. regularly 65.00

9x12 ft. Royal Wilton Rugs. .... 31.00  
Attractive designs; exceptionally durable. .... regularly 39.75

3x6 ft. Beauvais Axminster Rugs. .... Special 3.95

## ORIENTAL RUGS—Special Offerings

New importations recently received, purchased under conditions that enable us to offer greater values than ever; extraordinary assortment of weaves, colors and sizes.

Room-size Persian Mahal Rugs, unusually attractive. .... 74.00, 95.00 to 127.00 regularly 110.00 to 175.00

1,100 Small Persian, Caucasian and Anatolian Rugs. .... 5.75, 9.75, 14.50 and 19.50 regularly 10.50, 15.00 to 30.00

Founded 1826

Greeley 1900

# Lord & Taylor

38th Street FIFTH AVENUE 39th Street

## WOMEN'S Hand Blocked SILK VELVET HATS \$2.95

Usually \$5.95 and Sold by  
Many Exclusive Milliners at Even Higher Prices

Black, Brown,  
Taupe, Purple,  
Navy  
Unprecedented indeed are these values for the Hats are made of superior quality silk velvet.



Six of the Season's Smartest Shapes expertly made with French edges and hand-blocked so that they will retain their original perfection of line.

## Featured Also Are Lord & Taylor Untrimmed Hats, at \$5.00

A collection of untrimmed Hats that are faithful copies of our own imported models, and therefore exclusive with us. Eighteen strikingly distinctive shapes. Hand blocked and of velvet.

Hatters' Plush Hats—In black and the new rich colors—\$3.95 to \$10.00  
Fourth Floor

## The New Note in NECKWEAR

Hand-embroidery—so Paris has decreed—shall add the final touch of daintiness to Neckwear. Here are American copies of the latest French ideas and at most attractive prices.

### Hand-embroidered Novelties

Collars in the new round and shoulder-pointed effects, flat and very becoming; vestees and charming collar and cuff sets. Fashioned of sheer organdie and cleverly hand-embroidered and hemstitched. Usually \$1.00. .... 50c

### The New Net Fichus

Quite the prettiest neck-fixings imaginable, with their tiny frillings, pleatings and Valenciennes edges. Usually 75c. .... 50c

### Guimpes and Sets

Sheer organdie guimpes in many charming styles, also the smartest of sets, all elaborated with hand-embroidery. Usually \$1.50. .... \$1.00  
Ground Floor

## Latest Novelties in LACES

For Evening and Daytime Frocks, Blouses and Negligees, these Laces of rare beauty and effectiveness at Very Special Prices.

### Metallic Novelty Laces

Silver and gilt threads outline the patterns of these very fashionable black and white laces, in widths from 9 to 36 inches. Usually \$1.25 to \$3.00. .... \$1 to \$6.95

### Lace Flouncings

Black Silk Chantilly and the new Radium lace flouncings of exquisite design. In widths 18 to 36 inches. Usually \$2 to \$5 a yard. .... \$1.35 to \$3.75

### Silver Bordered Silk Nets

Brussels nets in black, white and delicate evening shades, with fancy borders of silver lamé; an extreme novelty; width 42 inches. A yard. .... \$1.95  
Ground Floor

## Timely and Important

## SALE OF BLACK DRESS SILKS

Timely because, in accord with the decrees of Fashion, the season's smartest Dresses are to be of rich black silks. Important from the standpoint of Economy, for the prices are much below the usual.

**Imperial Satin**—A soft, rich, very serviceable dress satin; width 40 inches. Usually \$2.50 to \$3.00 a yard. .... \$1.95

**Satin Sublime**—A very supple lustrous satin, in 40-inch width. Usually \$2.25 a yard. .... \$1.68

**Crepe de Chine**—Rich black, and in an excellent quality, firm and fine in weave; width 40 inches. Usually \$2.25 a yard. .... \$1.45  
Ground Floor

## IN THE DRESS GOODS SECTION

**Black Gabardine**—An especially desirable fabric for tailored suits and skirts. Lustrous finish; sponged and shrunk. Width 54 inches. Usually \$3.00 a yard. .... \$1.95  
Second Floor

**New Semi-Made Skirts**—The season's latest models in a great diversity of styles and in the most fashionable fabrics, including the new plaids and stripes. Each. .... \$5.85